

INSTRUCTION FOR USE

Cordis Pro Salut, capsules. dietary supplement Not a medicine.

Composition: red fermented rice (*Monascus purpureus*) (monacolin K content – 4%), dry extract of Guggul resin (*Commiphora mukul*), with a content of 2% (HPLC) phytosteroids, canary grass (*Phalaris canariensis*), dry extract of artichoke (*Cynara scolymus*) (with a cynarin content of 2.5%), dry extract of dandelion root (*Taraxacum officinale*) with a content of 16% inulin, cellulose, coenzyme Q10, sugar cane policosanol (*Saccharum officinarum*) with a content of 60% octacosanol, magnesium fatty acid salts, silicon dioxide. Capsule shell: vegetable origin capsules (cellulose derivative product). GMO-free.

Capsule content weight: 604 mg.

RECOMMENDED DOSE CONTAINS:	AMOUNT (per 1 capsule)
Red fermented rice (<i>Monascus purpureus</i>) (monacolin K content)	250 mg (10 mg)
Dry extract of Guggul resin (<i>Commiphora mukul</i>) (phytosteroid content)	80 mg (1,6 mg)
Canary grass (<i>Phalaris canariensis</i>)	50 mg
Dry extract of artichoke (<i>Cynara scolymus</i>) (cynarin content)	25 mg (0,6 mg)
Dry extract of dandelion root (<i>Taraxacum officinale</i>) (inulin content)	25 mg (4 mg)
Coenzyme Q10	10 mg
Sugar cane policosanol (<i>Saccharum officinarum</i>) (octacosanol content)	8,3 mg (5 mg)

Active Ingredient Characteristics:

Red Fermented Rice, aids in reducing cholesterol and triglyceride levels.

Each **Cordis Pro Salut** capsule contains 10 mg of Monacolin K (the active ingredient in red fermented rice), which is the recommended daily dose for maintaining normal blood cholesterol levels, according to the European Food Safety Authority (EFSA).

Guggul Resin, the most potent Ayurvedic plant for lowering cholesterol with antioxidant action. Additionally, guggul reduces platelet viscosity, thereby decreasing the risk of ischemic arterial diseases.

Guggul extract has been satisfactorily tested in clinical studies for the treatment of hyperlipidemia. Guggul extract also exerts anti-inflammatory, antioxidant, and immunostimulatory actions.

Canary Grass, traditionally used as a hypolipidemic agent. Canary grass has a tremendous enzymatic capacity for regeneration and a high protein content. The enzymatic content of canary grass provides anti-inflammatory properties sufficient to support the health of the digestive organs

and urinary function. It is used as a fat substitute, a softening agent that relaxes areas affected by swelling, in combination with diuretics. Canary grass contains starch, resins, salicylic acid, oxalic acid, and nitrogenous substances.

Coenzyme Q10, an antioxidant for the heart and liver.

Policosanol, a reducer of LDL oxidation and an antiplatelet agent.

The action of red fermented rice is enhanced by policosanol (rich in octacosanol), which is derived from sugar cane.

Dry Extract of Artichoke and Dandelion, aids in the detoxification and exerts a hepatoprotective action.

The traditional use of artichoke supports its use in digestive and liver disorders to restore the balance of these functions.

Dandelion, as a diuretic, helps in the removal of toxins and other products rejected by metabolism.

Recommendations for use: a dietary supplement to the diet, a source of biologically active substances; contributes to the improvement of lipid metabolism, reducing blood cholesterol levels.

The dietary supplement should not be used as a substitute for a full diet.

Recommended intake: adults should take 1 capsule per day with a glass of water during dinner.

Do not exceed the recommended daily dose.

Consultation with a doctor is required before use.

Contraindications: individual sensitivity to product components, children, pregnant women, nursing mothers (lactation period).

Warnings: do not consume red fermented rice if taking cholesterol-lowering medications.

Storage conditions: store in a cool, dry place, protected from light, in the original packaging at a temperature not exceeding 25°C. Shelf life 3 years from the date of manufacture.

Do not use it after the expiry date. Keep out of reach of children.

Form of release: hard gelatin capsules, 30 capsules in a blister pack, one blister pack per package.

Expiration date: see packaging.

Manufacturer: Plantas Medicinales y Complementos Alimenticios S.A., Av. Prat de la Riba, s/n, 08780 Pallesja, Barcelona, Spain.

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